

## **Rules for Stronghold Camp**

**Campers will participate in exercises, stretches and drills, unless there is a medical reason or acceptable cause which will prevent them from doing so.**

Campers will understand cursing will not be tolerated. Scripture is clear that we are to control our tongue. This includes using the Lord's name in vain. Campers will not use profane language. They will use speech which is uplifting to others and not language which taunts or puts down others. No foul language, ghost stories, bullying, inappropriate or negative comments/attitudes.

**Campers will control their tempers, practice self control. If the staff believes a camper may be a danger to themselves or others in the game, they have the right to suspend the camper from playing the game until the camper is fit to return.**

**There is to be no battles, sparring, or use of the Stronghold “weapons” without the permission and oversight from a trained adult. If a camper chooses to bring a Stronghold weapon, they will be responsible for its care and its proper use.**

**Campers will show good sportsmanship: “Being devoted to one another in brotherly love, honor one another above yourselves.” (Romans 12:10)**

**Every camper needs to obey all curfews and boundaries at all times. For your safety a counselor should always know where you are. The camp has designated Boy zones and Girls zones. Thou shall not go into the zone of the opposite gender.**

**A camper will not play near or in the water.**

**Campers should not destroy, torture or damage the wild life (plant or animal) or camp property. Do not interact with wildlife without adult supervision.**

**No cards, video games, cell phones, or music playing devises. Outdoor play and appropriate board games are acceptable.**

**No throwing of knives, hatches, rocks, etc, except for legal Stronghold throwing weapons during a game.**

**If you are going to bring a real knife, the blade must be less than 5 inches, it must be turned into a counselor, and it is only allowed to be used under adult supervision. You must be in 6th grade or older to use a knife.**

**Take care of God's creation. If you see trash, pick it up. Do not throw your trash on the ground and you must ask permission before burning an object to dispose of.**

**Shoes must be worn at all times (except in cabins and showers). Flip flops are allowed for showering time only.**

**Campers will obey camp counselors and directors at all times.**

**No form of real weapons or pretend weapons (except for legal Stronghold “weapons”) allowed including: guns, toy guns, slingshots, large knives, bows etc.**

**Campers must wear modest clothes. No underwear showing.**

**Do not bring extra food or snacks. It will attract wildlife in unwanted ways.**

**All medicines must be turned in to the camp nurse.**

**No drugs, lighters, magazines, fireworks or aerosol cans (including bug spray).**

**Campers may only light fires under adult supervision.**