**Clothing** Jeans or long shorts- all clothing must be modest.

Sweatshirt or Jacket -It will be cold in the morning and evening activity times due to the higher elevation!

Socks and Undergarments

Sleepwear (It is not a good idea to sleep in clothes that have been in the woods all day!)

Poncho or raincoat

Sneakers or other sturdy and comfortable shoes with closed toes

-NO FLIP FLOPS or SANDALS!

Shower shoes (these can be flip-flops)

Boots or waterproof shoes for early morning hikes

We will be working and playing outdoors and clothing WILL get wet and dirty.

All clothing must be modest.

**Personal Items** Towels/washcloth and Laundry Bag

Soap/ shampoo

Toothpaste & toothbrush

Comb and Brush

Flashlight with extra batteries

Toiletries

Any Prescription Medications (Must be given to Nurse upon arrival)

Non-Aerosol Bug repellent (with 10-30% DEET)

Waterproof Sunscreen

Personal Water Bottle

Bible

Cameras and binoculars are acceptable but Camp Machen will not be responsible for any loss or damage.

**Bedding** Sleeping bag or bed roll

Pillow

Sheets

Extra foam padding if desired.

The cabins are not heated and have metal spring beds with foam mattresses.

Please be sure your camper has enough bedding to keep him/her warm.

**What NOT to Bring**

Any electronic devices including cell phones, music players or portable game

systems.

Cards, Magazines, Fireworks, Large Knives, Tobacco products of any kind, Illegal

Drugs, Alcohol, snacks, candy or gum.