

What to Bring to Stronghold Camp
Please LABEL all items!

Clothing

Gloves for Sword fighting

-For younger ages or those with slim small fingers we recommend MMA gloves.

For older ages we recommend tactical gloves (aka paintball gloves)

You want gloves that can protect your knuckles,
but allow your fingers to easily grip the sword. If you don't have any you can find
them on amazon for less than \$10.

Long pants made out of light material. Jeans are okay. Pants that you don't mind if
they get ripped at the knee.

T-shirts

Sweatshirt or Jacket -It will be cold in the morning and evening activity times due
to the higher elevation!

Socks and Undergarments

Sleepwear (It is not a good idea to sleep in clothes that have been in the woods all
day!)

Poncho or raincoat

Sneakers or other sturdy and comfortable shoes with ***closed toes***

-NO FLIP FLOPS or SANDALS ON THE BATTLEFIELD!

Shower shoes (these can be flip-flops)

We will be outside in all but the most severe weather.

This an intense sport; clothing WILL get wet and dirty.

Please pack accordingly, with enough changes of all

layers, and not bringing anything new or

special.

All clothing must be modest.

Costume: We have a medieval style feast once a week were we encourage the
students to dress up. It is not required but most campers enjoy dressing

Personal Items

Towels/washcloth

Soap/ shampoo

Toothpaste & toothbrush

Comb and Brush

Flashlight with extra batteries

Toiletries

Any Prescription Medications (Must be given to Nurse upon arrival)

Bug repellent (with 10-30% DEET)

Waterproof Sunscreen

Personal Water Bottle

Bible

Cameras are acceptable but must be turned into camp counselors, there will be designated times when the campers can take photos or film. This rule is for other camper's safety. Camper's will use camera at their own risk, Camp Machen will not be responsible for any damage the camera may receive.

(Optional – Camp has a foam weapon armory for campers to borrow from. You may bring your own boffer foam weapons if you would like, but it is not required.

We follow a similar weapon safety code to the boffer sport called Dagorhir. All foam weapons must go through camp's safety check before they can be used. Campers will be responsible for their own foam sword. If you have any questions on if your foam weapon will pass inspection you may contact Sir Estivan. We will decline the use of any foam weapons that do not meet our safety standards)

Bedding

Sleeping bag or bed roll

Pillow

Sheets

Extra foam padding if desired.

The cabins are not heated and have metal spring beds with foam mattresses.

Please be sure your camper has enough bedding to keep him/her warm.

What NOT to Bring

Any electronic devices including cell phones, music players or portable game systems.

Cards, Magazines, Fireworks, Large Knives, Tobacco products of any kind, Illegal Drugs, Alcohol, snacks or other food in cabins