

What to Bring to Stronghold Camp

Please LABEL all items!

Clothing

Gloves for Sword fighting.

You want gloves that can protect your knuckles, but allow your fingers to easily grip the sword.

-For younger ages or those with slim small fingers we recommend MMA gloves.

-For older ages we recommend tactical gloves (aka paintball gloves)

Long pants made out of light material.

Jeans are okay. These should be pants that you don't mind if they get ripped at the knee.

T-shirts

Sweatshirt or Jacket

-It will be cold in the morning and evening activity times due to the higher elevation!

Socks and Undergarments

Sleepwear

(It is not a good idea to sleep in clothes that have been in the woods all day!)

Poncho or raincoat

Sneakers or other sturdy and comfortable shoes with **closed toes**

-NO FLIP FLOPS or SANDALS ON THE BATTLEFIELD!

Shower shoes (these can be flip-flops)

We will be outside in all but the most severe weather.
This an intense sport; clothing WILL get wet and dirty.

All clothing must be modest.

Costume: We have a medieval style feast once a week where we encourage the campers and staff to dress up. It is not required but a part of the fun.

Personal Items

Towels/washcloth
Soap/ shampoo
Toothpaste & toothbrush
Comb and Brush
Flashlight with extra batteries
Toiletries

Any Prescription Medications (Must be given to designated medical staff upon arrival)

Bug repellent
Sunscreen
Personal Water Bottle
Bible

Optional Item - Camera

Cameras are acceptable but must be turned into camp counselors, there will be designated times when the campers can take photos or film. This rule is for other campers safety. Campers will use camera at their own risk, Camp Machen will not be responsible for any damage the camera may receive.

Optional Item- Your own personal foam swords

Camp has a foam weapon armory for campers to borrow from. You may bring your own boffer foam weapons (Including bows and arrows) if you would like, but it is not required. We follow a similar weapon safety code to the boffer sport called Dagorhir. All foam weapons must go through camp's safety check before they can be used. Campers will be responsible for their own foam sword. If you have any questions on if your foam weapon will pass inspection you may contact Sir Estivan. We will decline the use of any foam weapons that do not meet our safety standards)

Bedding

Sleeping bag or bed roll
Pillow
Sheets

Extra foam padding if desired.

The cabins are not heated and have metal spring beds with foam mattresses.
Please be sure your camper has enough bedding to keep him/her warm.

What NOT to Bring

Any electronic devices including cell phones, music players or portable game systems.

Magazines, Fireworks, Large Knives, Tobacco products of any kind,
Illegal Drugs, Alcohol, snacks or other food in cabins